

GET OUTSIDE



IN NORTON

2024

events calendar



JANUARY

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	FIRST DAY HIKE					
	1	2	3	4	5	6
7	8	TRASH TREASURES WORKSHOP	10	11	12	13
14	OIL PAINTING CLASS	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



JANUARY



2024

FIRST DAY HIKE: FLAG ROCK 10 a.m. Monday, Jan. 1

Details: Explore Flag Rock Recreation Area on this 3-4 mile loop hike. See Norton Reservoir, the Woodbooger statue, and Flag Rock Overlook. Wear sturdy shoes and weather-appropriate clothing. Bring snack/water. Difficulty: Moderate. Cost: Free. Registration required.

Get Registered: Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

TRASH TREASURES WORKSHOP 5 p.m. Tuesday, Jan. 9

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

OIL PAINTING CLASS 10 a.m. Monday, Jan. 15

Details: Oil painting classes are held 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (cash and checks accepted). Cost covers all supplies. Different themed paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Contact Connie Anderson, (276) 698-4529 or conniesloveofpainting@gmail.com.





WINTER HIGH KNOD HIKE (WALLY SMITH)

FEBRUARY

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				WINTER PHOTO CONTEST STARTS 1	2	GROUP HIKE 3
4	5	6	7	8	9	10
11	12	TRASH TREASURES WORKSHOP YOUTH BASKETBALL 13	14	YOUTH BASKETBALL 15	16	17
18	OIL PAINTING CLASS 19	YOUTH BASKETBALL 20	21	YOUTH BASKETBALL 22	23	24
25	26	YOUTH BASKETBALL 27	28	WINTER PHOTO CONTEST DEADLINE YOUTH BASKETBALL 29		



FEBRUARY



2024

GET OUTSIDE IN NORTON WINTER PHOTO CONTEST

Submissions accepted Feb. 1-29

Details: Submit your best winter photos of the High Knob Region for the Get Outside in Norton Winter Photo Contest! Contest starts Feb. 1 and ends at 5 p.m. on Feb. 29. Contestants can submit one photo for consideration. Winners will be announced the week of March 11-15. Results will be posted to the city's social media accounts and website. Prizes will be awarded to first, second, and third place winners. Contest is sponsored by the City of Norton and High Knob Outdoor Fest. The contest is free to enter.

Contest Rules: All photo submissions must be the original work of the person submitting the photo. Photos must also be taken in the High Knob Region (City of Norton and Wise, Scott, and Lee counties). You must own the rights to the photo. Photos that a third party can control or own will not be accepted. Photo submissions also cannot infringe upon the trademark, copyright, moral rights, intellectual rights, or rights of privacy of any entity or person. By submitting photos for this contest, you also agree to allow the City of Norton to use your photo for advertising and marketing purposes.

Submission Guidelines: Photo submissions should be emailed to Katie Dunn, katied@nortonva.org. Photos can also be dropped off at Norton City Hall, 618 Virginia Ave. NW, during business hours (8:30 a.m.-5 p.m., Monday-Friday). All submissions must include the following information: Name, residence (county/town/city), phone number, email address, and location where photo was taken.

Questions? Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

GROUP HIKE: GUEST RIVER GORGE

10 a.m. Saturday, Feb. 3

Details: Join us for a 5-mile hike on the Guest River Gorge Trail near Coeburn. Difficulty: Easy. Cost: Free. Registration required. Wear sturdy shoes and weather-appropriate clothing. Bring snack and water.

Get Registered: Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

YOUTH BASKETBALL LEAGUE

Feb. 13-March 14

Details: Open to boys and girls grades K-1 (Norton residents and non-residents). League is instructional and fun. Cost: \$10 per player. Games and practices held Tuesdays and Thursdays at Norton Elementary School gym (205 E. Park Ave.). Time: 5:30-6:30 p.m. League will run until Thursday, March 14.

Get Registered: More details about registration TBA.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754

OIL PAINTING CLASS

10 a.m. Monday, Feb. 19

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month.

Cost: \$65 (covers all needed supplies).
Different themed paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 /conniesloveofpainting@gmail.com.

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, Feb. 13

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held the second each month. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org



NORTON EASTER EGG HUNT (KATIE DUNN)

MARCH

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						GROUP HIKE
					1	2
3	4	YOUTH BASKETBALL LEAGUE	6	YOUTH BASKETBALL	SHAMROCK SCAVENGER HUNT	SHAMROCK SCAVENGER HUNT
		5	6	7	8	9
SHAMROCK SCAVENGER HUNT	SHAMROCK SCAVENGER HUNT	TRASH TREASURES WORKSHOP YOUTH BASKETBALL SHAMROCK SCAVENGER HUNT	SHAMROCK SCAVENGER HUNT	YOUTH BASKETBALL SHAMROCK SCAVENGER HUNT	SHAMROCK SCAVENGER HUNT	SHAMROCK SCAVENGER HUNT
10	11	12	13	14	15	16
SHAMROCK SCAVENGER HUNT	OIL PAINTING CLASS					
17	18	19	20	21	22	23
NORTON EASTER EGG HUNT (3/24)						
24/31	25	26	27	28	29	30

MARCH



2024

GROUP HIKE: CRANESNEST TRAIL

10 a.m. Saturday, March 2

Details: Join us for a hike on the Cranesnest Trail in Dickenson County. Distance/Difficulty: 7 miles/Easy to Moderate. Wear sturdy shoes and weather-appropriate clothing. Bring snack/water. Cost: Free. Registration required.

Get Registered: Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

YOUTH BASKETBALL LEAGUE

Feb. 6-March 14

Details: Open to boys and girls grades K-1 (Norton residents and non-residents). League is instructional and fun. Cost: \$10 per player. Games and practices held Tuesdays and Thursdays at Norton Elementary School gym (205 E. Park Ave.). Time: TBA. League will run until Thursday, March 14.

Get Registered: More details about registration TBA.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754

SHAMROCK SCAVENGER HUNT

March 8-17

Details: Norton Parks and Recreation is hosting a Shamrock Scavenger Hunt! Open to children ages 12 and younger. Find Shamrock Tokens hidden in Norton's parks (Norton City, Clear Creek, Locust Avenue, and Veterans) between March 8-17. Each park will have a different Shamrock Token. Participants must find a token from each park for a total of four tokens. Tokens can be brought to the Norton Parks and Recreation office, 201 Park Ave. NE, for a prize.

More Info: Contact Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, March 12

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

OIL PAINTING CLASS

10 a.m. Monday, March 18

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different themed paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com.

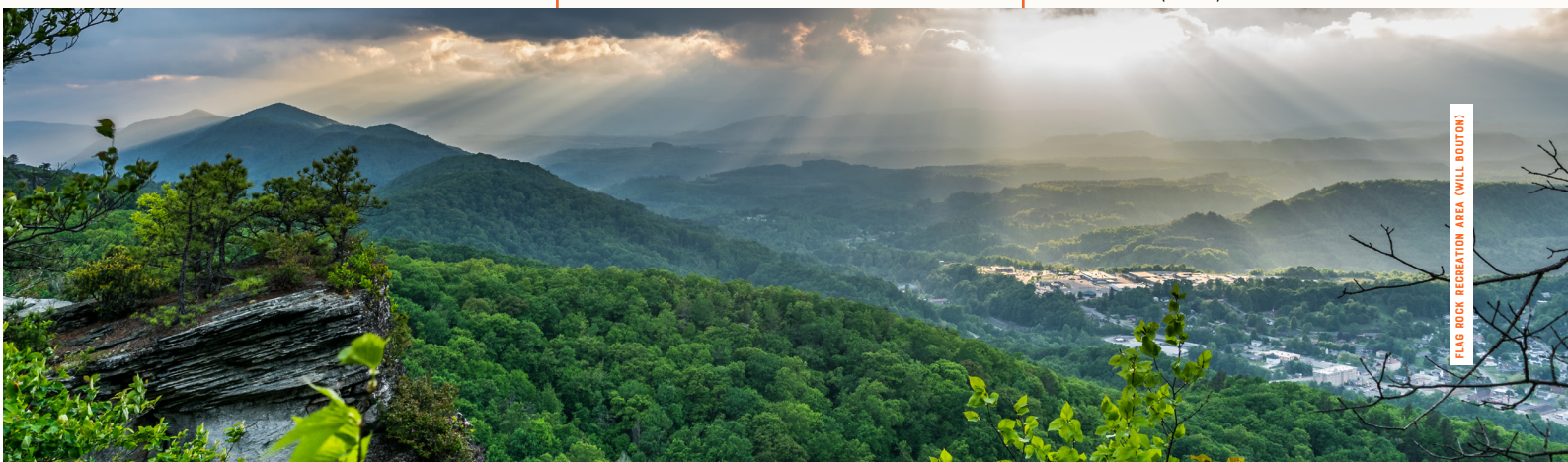
NORTON EASTER EGG HUNT

3 p.m. Sunday, March 24

Details: Join us for the annual Norton Easter Egg Hunt! Festivities will include Easter Egg Hunts, an Easter Outfit Contest, and more. More details to be announced closer to event. Rain date: Saturday, March 30.

Location: Norton City Park, 1033 Pine St. NW, Norton

More Info: Contact Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754





VIEW OF DOWNTOWN NORTON (WILL BOGTON)

APRIL

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	GROUP HIKE 6
7	8	TRASH TREASURES WORKSHOP 9	10	11	ADOPT A TRUCK PROGRAM 12	ADOPT A TRUCK PROGRAM 13
ADOPT A TRUCK PROGRAM 14	OIL PAINTING CLASS ADOPT A TRUCK PROGRAM 15	ADOPT A TRUCK PROGRAM 16	ADOPT A TRUCK PROGRAM 17	ADOPT A TRUCK PROGRAM 18	ADOPT A TRUCK PROGRAM 19	ADOPT A TRUCK PROGRAM 20
ADOPT A TRUCK PROGRAM 21	ADOPT A TRUCK PROGRAM 22	23	24	25	26	27
28	29	30				

APRIL 2024



GROUP HIKE: MOUNTAIN FORK >> NORTON RESERVOIR

8 a.m. Saturday, April 6

Details: Join us for a 7-mile hike on High Knob! Climb up to High Knob Recreation Area and High Knob Tower on the Chief Bengé Scout Trail then descend to Norton's Reservoir on Forest Service roads and the Flag Rock Area Trails system. Hike requires a shuttle. Difficulty: Moderate. Wear sturdy shoes and weather-appropriate clothing. Bring snack/water. Cost: Free. Registration required.

Get Registered: Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, April 9

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

OIL PAINTING CLASS

10 a.m. Monday, April 15

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different themed paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com.

ADOPT-A-TRUCK PROGRAM

April 12-22

Details: The City of Norton, in conjunction with the Great American Cleanup, will offer an Adopt-A-Truck Large Item Pickup Program for residents free of charge. More details to be announced closer to event.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754

CLEAN YOUR FILES DAY

TBA

Details: This annual spring shredding event is a great way to dispose of confidential documents, files, and records. Cost: Free. More details to be announced closer to event. Event is sponsored by Keep Southwest Virginia Beautiful.

Location: TBA

Contact: (276) 328-1000

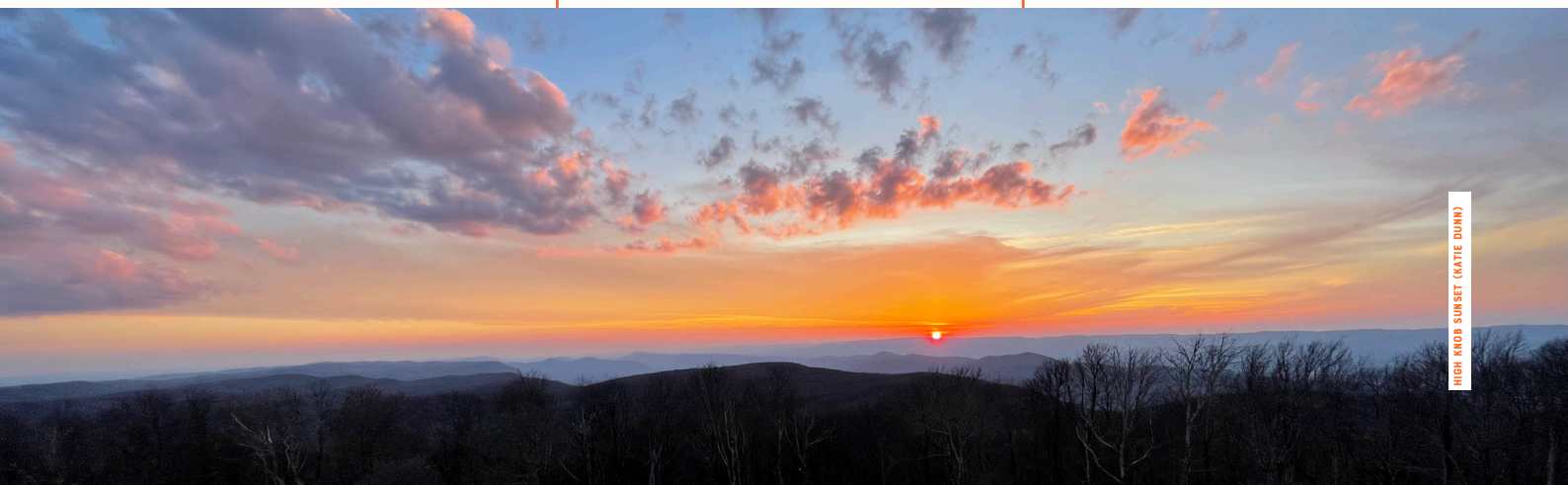
GREAT AMERICAN CLEANUP

TBA

Details: Help keep Norton beautiful by picking up litter at sites citywide. Litter cleanup supplies will be provided. More details will be announced closer to the event.

Location: Norton Municipal Parking Lot, 765 Park Ave. NW, Norton

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754





HIGH KNOB TOWER (WALLY SMITH)

MAY

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	FARMERS MARKET VENDOR INTEREST MEETING 2	3	GROUP HIKE 4
5	6	7	8	9	10	11
12	13	TRASH TREASURES WORKSHOP 14	15	16	17	FIT FARMER 12K TRAIL RUN 18
19	OIL PAINTING CLASS 20	21	22	23	24	25
26	27	28	29	30	31	

MAY 2024



FARMERS MARKET INTEREST MEETING

6 p.m. Thursday, May 2

Details: Interested in becoming a vendor at the Norton Friends and Farmers Market? Join us at the Norton Expo Center (115 8th St. SW) for an informational meeting about the 2024 season. We are seeking craft, dairy, meat, and produce vendors.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754, or Katie Dunn, kated@nortonva.org or (276) 679-1160

GROUP HIKE: STRAIGHT FORK RIDGE & DEVIL'S FORK TRAILS

9 a.m. Saturday, May 4

Details: Join us for a hike on the Straight Fork Ridge Trail and Devil's Fork Loop Trail. Distance/Difficulty: 7-8 miles / Difficult. Wear sturdy shoes and weather-appropriate clothing. Bring snack/water. Hike limited to five people. Cost: Free. Registration required.

Get registered: Contact Katie Dunn, kated@nortonva.org or (276) 679-1160

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, May 14

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

FIT FARMER 12K TRAIL RUN

9 a.m. Saturday, May 18

Details: The Norton Friends and Farmers Market's seventh annual Fit Farmer 12K Trail Run benefits the market's Senior Supplemental Nutrition Program. Race course is predominantly single-track trails in Flag Rock Recreation Area. Part of High Knob Triple Crown series (www.highknobtriplecrown.wix.com/hkctc).

Cost: \$30 Jan. 1-Feb. 29; \$35 March 1-April 14; \$40 April 15-May 18. Online registration available at www.UltraSignup.com.

More Info: www.fitfarmertrailrun.wordpress.com and www.facebook.com/fitfarmertrailrun

OIL PAINTING CLASS

10 a.m. Monday, May 20

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com.





INDEPENDENCE DAY FIREWORKS

JUNE

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						GROUP HIKE 1
2	PLAY ALL DAY CAMP BEST FRIEND FESTIVAL 3	NORTON FARMERS MARKET PLAY ALL DAY CAMP BEST FRIEND FESTIVAL 4	PLAY ALL DAY CAMP BEST FRIEND FESTIVAL 5	PLAY ALL DAY CAMP BEST FRIEND FESTIVAL 6	BEST FRIEND FESTIVAL 7	BEST FRIEND FESTIVAL 8
9	TENNIS CAMP 10	FARMERS MARKET TENNIS CAMP 11	TENNIS CAMP 12	13	14	15
16	OIL PAINTING CLASS 17	FARMERS MARKET 18	19	20	21	22
23/30	CHEERLEADING CAMP OUTDOOR ADVENTURE CAMP 24	FARMERS MARKET CHEERLEADING CAMP OUTDOOR ADVENTURE CAMP 25	CHEERLEADING CAMP OUTDOOR ADVENTURE CAMP 26	OUTDOOR ADVENTURE CAMP 27	28	29

JUNE 2024



GROUP HIKE: BARK CAMP LAKE

9 a.m. Saturday, June 1

Details: Join us for a 3.7-mile loop hike around Bark Camp Lake in Bark Camp Recreation Area. Difficulty: Easy to Moderate. Cost: Free. Registration required. Wear sturdy shoes and weather-appropriate clothing. Bring water and a snack.

Get Registered: Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

PLAY ALL DAY SUMMER CAMP

9 a.m.-Noon, June 3-6

Details: Camp features games for inside and outside. Learn team building skills and healthy eating habits. Open to boys and girls grades 2-7. Instructor: Donnie Potter. Location: Norton Elementary School's field and gym. Cost: Norton residents, Free. Non-residents, \$20.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754.

BEST FRIEND FESTIVAL

June 3-8

Details: This summertime festival offers a variety of fun events for the whole family.

More Info: www.facebook.com/bestfriendfestival

HIGH KNOB MUSIC FESTIVAL

TBA

Details: Summer music festival in High Knob Recreation Area.

More Info: www.facebook.com/highknobmusicfestival

NORTON FARMERS MARKET

4-6 p.m. Tuesdays
(June 4, 11, 18, & 25)

Details: The Norton Friends and Farmers Market offers fresh produce, treats, and crafts from local and regional vendors. The market is held at the Norton Expo Center, 115 8th St. SW.

More Info: www.nortonva.gov/farmersmarket

SUMMER CAMP: TENNIS

June 10-12

Details: Learn basic tennis skills. Open to boys and girls. Grades K-3: 9-10:30 a.m. Grades 4-7: 10:30 a.m.-noon. Location: Norton City Park. Instructor: Andrea Sturgill. Cost: Norton residents, Free. Non-residents, \$30.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754.

OIL PAINTING CLASS

10 a.m. Monday, June 17

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com.

SUMMER CAMP: CHEERLEADING

June 24-26

Details: Master valuable skills, including motions, cheers, and stunting. Grades 1-3: 9-11 a.m. Grades 4-7: 12-2 p.m. Instructors: Laura Campbell and Amanda Lemley. Location: Norton Elementary School gym. Cost: Norton residents, Free. Non-residents, \$30.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754.

SUMMER CAMP: OUTDOOR ADVENTURE

10 a.m.-2 p.m. June 24-27

Details: Explore a variety of outdoor activities. Open to students in grades 6-12. Instructors: Beth and Neil Walker. Norton City schools will provide lunch. Location: Flag Rock Recreation Area. Cost: Norton residents, Free. Non-residents, \$75.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754.



JULY

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	STEM CAMP HIGH KNOB PHOTO CONTEST STARTS 1	FARMERS MARKET STEM CAMP 2	STEM CAMP 3	STEM CAMP 4	STEM CAMP 5	GROUP HIKE 6
7	BASKETBALL CAMP 8	FARMERS MARKET BASKETBALL CAMP 9	BASKETBALL CAMP 10	BASKETBALL CAMP 11	12	13
14	OIL PAINTING CLASS VOLLEYBALL CAMP 15	FARMERS MARKET VOLLEYBALL CAMP 16	VOLLEYBALL CAMP 17	VOLLEYBALL CAMP 18	19	20
21	22	FARMERS MARKET 23	24	25	26	27
28	NATURE CAMP 29	FARMERS MARKET NATURE CAMP 30	NATURE CAMP 31			

JULY 2024



SUMMER CAMP: STEM

9 a.m.-1 p.m., July 1-5

Details: This camp will teach hard skills in science, technology, engineering, and math in a fun and engaging setting. Dates: July 1-3, Grades K-3. July 4-5, Grades 4-7. Norton City Schools will provide lunch. Instructor: Chloe Hayes. Cost: Norton residents: Free. Non-residents: \$50. Location: Norton Community Center, 201 Park Ave. NE.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754

HIGH KNOB OUTDOOR FEST PHOTO CONTEST

July 1-Aug. 2

Details: Send us your best outdoor photos for a chance to win a prize! Categories will be announced in early summer 2024. Submissions accepted July 1-Aug. 2. The contest is free to enter.

More Info: Visit www.highknoboutdoorfest.com for contest rules and submission guidelines.

Contact: Katie Dunn, kated@nortonva.org or (276) 679-1160

NORTON FARMERS MARKET

4-6 p.m. Tuesdays
(July 2, 9, 16, 23 & 30)

Details: The Norton Friends and Farmers Market offers fresh produce, treats, and crafts from local and regional vendors. The market is held at the Norton Expo Center, 115 8th St. SW.

More Info: www.nortonva.gov/farmersmarket

GROUP HIKE: CLINCH RIVER STATE PARK

9 a.m. Saturday, July 6

Details: Join us for a 3.3-mile hike at Clinch River State Park. Difficulty: Easy to Moderate. Cost: Free. Registration required. Wear sturdy shoes and weather-appropriate clothing. Bring water and a snack.

Get Registered: Contact Katie Dunn, kated@nortonva.org or (276) 679-1160

SUMMER CAMP: BASKETBALL

10 a.m.-2 p.m., July 8-11

Details: Learn handling skills and the fundamentals of basketball. open to boys and girls. Grades 1-3: July 8-9. Grades 4-7: 10-11. Norton City Schools will provide lunch. Instructors: Terry Sturgill and the JI Burton High boys and girls basketball teams. Cost: Norton residents, Free. Non-residents, \$40. Location: Norton Elementary School gym.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754.

OIL PAINTING CLASS

10 a.m. Monday, July 15

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com.

SUMMER CAMP: VOLLEYBALL

10 a.m.-2 p.m., July 15-18

Details: Develop skills in basic volleyball techniques. Open to female students. Grades 1-3: July 15-16. Grades 4-7: July 17-18. Instructor: Kacie Culbertson. Norton City Schools will provide lunch. Cost: Norton residents, Free. Non-residents, \$30. Location: Norton Elementary School gym.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754.

NATURE SUMMER CAMP

10 a.m.-Noon, July 29-31

Details: Open to boys and girls grades 2-5. Instructors: Upper Tennessee River Roundtable & Norton Parks & Recreation. Location: Clear Creek Park. Cost: Norton residents, Free. Non-residents, \$20.

Contact: Rebecca Kilgore, rmkilgore@nortonva.org or (276) 679-0754.



HIGH KNOB OUTDOOR FEST

AUGUST

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					HIGH KNOB PHOTO CONTEST SUBMISSION DEADLINE	
1	2	3	4	5	6	7
8	9	FARMERS MARKET	10	11	12	HIGH KNOB OUTDOOR FEST HIGH KNOB STARGAZING
13	14	FARMERS MARKET HIGH KNOB OUTDOOR FEST	15	16	17	18
19	20	FARMERS MARKET	21	22	23	24
25	26	FARMERS MARKET YOUTH FLAG FOOTBALL	27	28	29	30
31						

AUGUST 2024



HIGH KNOB OUTDOOR FEST PHOTO CONTEST

July 1-Aug. 2

Details: Send us your best outdoor photos for a chance to win a prize! Categories will be announced in early summer 2024. Submissions accepted July 1-Aug. 2. The contest is free to enter.

More Info: Visit www.highknoboutdoorfest.com for contest rules and submission guidelines.

Contact: Katie Dunn, katied@nortonva.org or (276) 679-1160

NORTON FARMERS MARKET

4-6 p.m. Tuesdays
(August 6, 13, 20, & 27)

Details: The Norton Friends and Farmers Market offers fresh produce, treats, and crafts from local and regional vendors. The market is held at the Norton Expo Center, 115 8th St. SW.

More Info: www.nortonva.gov/farmersmarket

HIGH KNOB OUTDOOR FEST

August 10-17

Details: The High Knob Outdoor Fest features outdoor recreation trips, activities, and presentations. Activities will be held the week of Aug. 10-17 at various sites in Norton and on High Knob.

More Info: Visit www.highknoboutdoorfest.com or contact Katie Dunn, katied@nortonva.org or (276) 679-1160

HIGH KNOB STARGAZING

8 p.m. Saturday, August 10

Details: Join us for a stargazing program at High Knob Observation Tower with volunteers from Natural Tunnel State Park's astronomy program. Registration is required. Event limited to 30 people. This event is part of the High Knob Outdoor Fest.

More Info: www.highknoboutdoorfest.com

Get Registered: Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

FLAG ROCK 5K TRAIL RUN

5:30 p.m. Thursday, August 15

Details: Trail race is part of the High Knob Outdoor Fest. This is a no-frills race. All pre-registered runners are guaranteed a High Knob Outdoor Fest T-shirt. Online registration will be available on UltraSignup.com. Race day registration will be held from 4-5:15 p.m. Cost: \$20 (pre-registration) and \$25 (race day registration). Location: Norton Reservoir Trailhead, Flag Rock Recreation Area.

More Info: www.highknoboutdoorfest.com

OIL PAINTING CLASS

10 a.m. Monday, August 19

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com.

YOUTH FLAG FOOTBALL LEAGUE

August 27-October 3

Details: League will be held from 5-6 p.m. Tuesdays and Thursdays, Aug. 27-Oct. 3. Open to boys and girls ages 4-7. Every player will play at least half a game. League is instructional. Cost: \$10 per player (includes a T-shirt). Stay tuned for registration details.

Location: Norton Elementary and Middle School fields

Get Registered: Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org



FLAG ROCK CAMPGROUND (SAMMY BELCHER)

SEPTEMBER

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		FARMERS MARKET		YOUTH FLAG FOOTBALL		GROUP HIKE
1	2	YOUTH FLAG FOOTBALL	3	4	5	6
		FARMERS MARKET		YOUTH FLAG FOOTBALL		BENGE'S REVENGE BIKE RACE
8	9	YOUTH FLAG FOOTBALL	10	11	12	13
		TRASH TREASURES WORKSHOP				
MOUNTAIN FORK HALF MARATHON	OIL PAINTING CLASS	FARMERS MARKET		YOUTH FLAG FOOTBALL		
15	16	YOUTH FLAG FOOTBALL	17	18	19	20
FALL PHOTO CONTEST BEGINS		FARMERS MARKET		YOUTH FLAG FOOTBALL		
22	23	YOUTH FLAG FOOTBALL	24	25	26	27
29	30					



SEPTEMBER



2024

YOUTH FLAG FOOTBALL

August 27-October 3

Details: League will be held 5-6 p.m. Tuesdays and Thursdays, Aug. 27-Oct. 3. Open to boys and girls ages 4-7. Every player will play at least half a game. League is instructional. Cost: \$10 per player (includes a T-shirt). Stay tuned for registration details.

Location: Norton Elementary and Middle School fields

Get Registered: Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

NORTON FARMERS MARKET

*4-6 p.m. Tuesdays
(September 3, 10, 17, & 24)*

Details: The Norton Friends and Farmers Market offers fresh produce, treats, and crafts from local and regional vendors. The market is held at the Norton Expo Center, 115 8th St. SW.

More Info: www.nortonva.gov/farmersmarket

GROUP HIKE: NATURAL TUNNEL STATE PARK

9 a.m. Saturday, September 7

Details: Join us for a 4-5-mile hike at Natural Tunnel State Park. The hike will travel to the Purchase Ridge Overlook and return. Difficulty: Moderate. Cost: Free. Registration required. Wear sturdy shoes and weather-appropriate clothing. Bring water and a snack.

Get Registered: Contact Katie Dunn, katied@nortonva.org or (276) 679-1160

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, September 10

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

BENGE'S REVENGE BIKE RACE

Saturday, September 14

Details: This annual road bike race offers 25- and 70-mile ride options that travel through Norton and Wise and Lee counties. Organized by Norton Kiwanis Club.

More Info: <https://www.bengesrevenge.com/>

MOUNTAIN FORK HALF MARATHON

9 a.m. Sunday, September 15

Details: The fifth annual race starts and finishes at the High Knob Observation Tower. The 13.6-mile loop runs through the Mountain Fork watershed, primarily on gravel roads. Part of the High Knob Triple Crown series (www.highknobtriplecrown.wix.com/hktc)

Cost: \$55 Jan. 1-March 31; \$60 April 1-July 31; \$65 Aug. 1-Sept. 15. Online registration available at www.UltraSignup.com.

More Info: <https://mountainforkhalf.wix.com/mtnforkhalf> and www.facebook.com/mtnforkhalf

OIL PAINTING CLASS

10 a.m. Monday, September 16

Details: Oil painting classes are held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com.

FALL PHOTO CONTEST

September 22-October 31

Details: Send us your best fall photos from the High Knob Region for a chance to win a prize! Submissions accepted Sept. 22-Oct. 31, 2024. The contest is free to enter.

More Info: More details to be announced closer to contest.

Contact: Katie Dunn, katied@nortonva.org or (276) 679-1160





CLOUDSPLITTER 100 (JESSE KOKOTEN)

OCTOBER

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		YOUTH FLAG FOOTBALL		YOUTH FLAG FOOTBALL		HIGH KNOB HELLBENDER 10K
		1	2	3	4	5
6	7	TRASH TREASURES WORKSHOP	8	9	10	11
CLOUDSPLITTER 100						CLOUDSPLITTER 100
13	14	15	16	17	18	19
	OIL PAINTING CLASS					GROUP HIKE
20	21	22	23	24	25	26
				FALL PHOTO CONTEST DEADLINE		
27	28	29	30	31		



OCTOBER



2024

YOUTH FLAG FOOTBALL

August 27-October 3

Details: League will be held from 5-6 p.m. Tuesdays and Thursdays, Aug. 27-Oct. 3. Open to boys and girls ages 4-7. Every player will play at least half a game. League is instructional. Cost: \$10 per player (includes a T-shirt). Stay tuned for registration details.

Location: Norton Elementary and Middle School fields

Get Registered: Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

FALL PHOTO CONTEST

September 22-October 31

Details: Send us your best fall photos from the High Knob Region for a chance to win a prize! Submissions accepted Sept. 22-Oct. 31, 2024. The contest is free to enter.

More Info: More details will be announced closer to contest start date.

Contact: Katie Dunn, kated@nortonva.org or (276) 679-1160

HIGH KNOB HELLBENDER

10K

10 a.m. Saturday, October 5

Details: Climb more than 2,000 feet from downtown Norton to the 4,200-foot High Knob summit. 11th annual climb. Part of the High Knob Triple Crown series (www.highknobtriplecrown.wix.com/hktc)

Cost: \$35 Jan. 1-April 30; \$40 May 1-July 31; \$45 Aug. 1-Sept. 29; \$50 race day. Online registration available on www.UltraSignup.com.

More Info: www.highknobhellbender.wordpress.com and www.facebook.com/highknobhellbender

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, October 8

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

CLOUDSPLITTER 100

October 12-13

Details: Navigate a variety of trails and graveled roads on High Knob with 25-kilometer, 50-kilometer, 100-kilometer, and 100-mile distances.

More Info: www.cloudsplitter100.com and www.facebook.com/cloudsplitter100

GROUP HIKE: PICKEM MOUNTAIN LOOP

9 a.m. Saturday, October 19

Details: Join us for a 5-mile hike on the Pickem Mountain Loop in Flag Rock Recreation Area. Difficulty: Moderate. Cost: Free. Registration required. Wear sturdy shoes and weather-appropriate clothing. Bring water and a snack.

Get Registered: Contact Katie Dunn, kated@nortonva.org or (276) 679-1160

OIL PAINTING CLASS

10 a.m. Monday, October 21

Details: Oil painting classes held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com

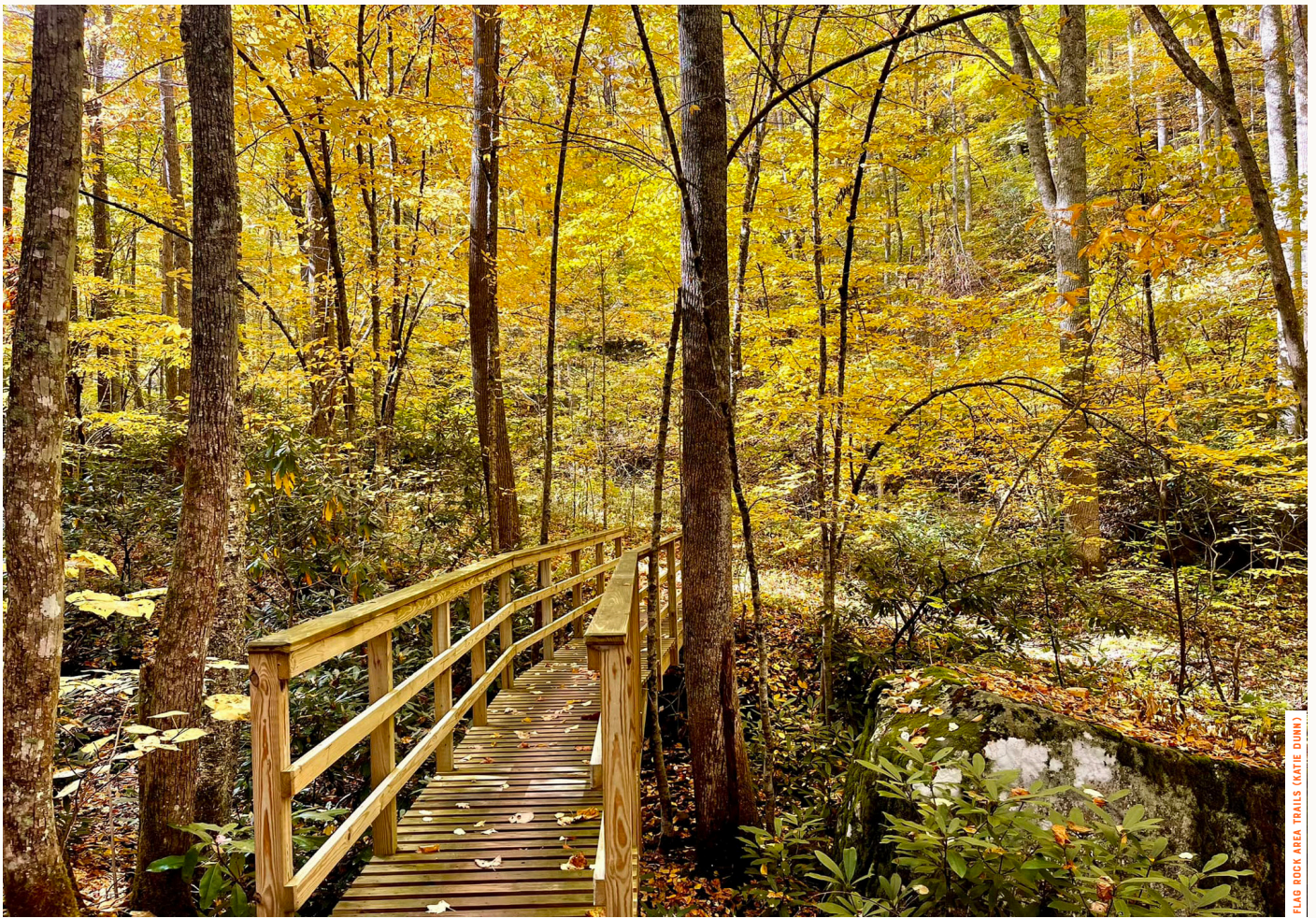
NORTON'S SPOOKTACULAR HALLOWEEN BASH

5-8 p.m. Saturday, October 26

Details: Join Norton Parks and Recreation for this free Halloween event. Festivities will include a table trick-or-treat, costume contests, and more!

Location: Norton Expo Center, 115 8th St. SW, and Norton Municipal Parking Lot

Contact: Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org



FLAG ROCK AREA TRAILS (KATIE DUNN)

NOVEMBER

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					HOLIDAY STOREFRONT CONTEST BEGINS 1	GROUP HIKE 2
3	4	5	6	7	8	9
10	11	TRASH TREASURES WORKSHOP	13	14	15	16
17	OIL PAINTING CLASS	19	20	21	22	23
24	25	26	HOLIDAY STOREFRONT DECORATION CONTEST ENDS	28	29	30

NOVEMBER



2024

HOLIDAY STOREFRONT DECORATION CONTEST

November 1-27

Details: Decorate your Norton storefront with a holiday theme!

Cash prizes will be given to award winners. More details to be announced closer to event date. The deadline to register your storefront will be Wednesday, Nov. 27, 2024.

More Info: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

GROUP HIKE: LEGION PARK

9 a.m. Saturday, November 2

Details: Join us for a 3.5-4-mile hike on the Flag Rock Area Trails system from Legion Park to Flag Rock Overlook and return. This hike is difficult, climbing almost 1,000 feet in elevation in just over a mile. Cost: Free. Registration required. Wear sturdy shoes and weather-appropriate clothing. Bring water and a snack.

Get registered: Contact Katie Dunn, kated@nortonva.org or (276) 679-1160

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, November 12

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

OIL PAINTING CLASS

10 a.m. Monday, November 18

Details: Oil painting classes held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 /conniesloveofpainting@gmail.com



HOLIDAY STOREFRONT DECORATION CONTEST



NORTON CHRISTMAS TREE LIGHTING

DECEMBER

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	HOLIDAY STOREFRONT EVENT	GROUP HIKE NORTON HOLIDAY MARKET & TREE LIGHTING
NORTON CHRISTMAS PARADE		TRASH TREASURES WORKSHOP				
8	9	10	11	12	13	14
	OIL PAINTING CLASS					
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



DECEMBER



2024

HOLIDAY STOREFRONT DECORATION CONTEST EVENT

6 p.m. Friday, December 6

Details: Join us for a celebratory event recognizing participants in the annual Norton Holiday Storefront Decoration Contest. Walk through downtown Norton and view the storefront displays. Cast your vote for the Community Choice Award for best decorated storefront. Meet at Lincoln Road Coffee Lounge, 736 Park Ave. NW.

More Info: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

GROUP HIKE: PINE MOUNTAIN TRAIL

9 a.m. Saturday, December 7

Details: Hike five miles (round-trip) on the Pine Mountain State Scenic Trail to the Twin Cliffs Overlook. Cost: Free. Registration required. Wear sturdy shoes and weather appropriate clothing. Bring snack and water. Difficulty: Moderate.

Get Registered: Contact Katie Dunn, kated@nortonva.org or (276) 679-1160

NORTON HOLIDAY MARKET & TREE LIGHTING

Saturday, December 7

Details: Join us for the annual Norton Holiday Market (4-7 p.m.) at the Norton Expo Center, 115 8th St. SW. Also make plans to attend the Norton Christmas Tree Lighting at 6 p.m. in the Norton Municipal Parking lot. More details to be announced closer to both events.

Contact: Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

NORTON CHRISTMAS PARADE

6 p.m. Sunday, December 8

Details: Join Norton for its annual Christmas parade. The parade route travels from J.I. Burton High School down Park Avenue to the Dairy Queen intersection. Watch festive floats and enjoy bands playing classical Christmas tunes. A float contest will also be held.

Contact: Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

TRASH TREASURES WORKSHOP

5 p.m. Tuesday, December 10

Details: Make different themed crafts with recycled materials. Cost: \$7. Includes all supplies. Workshops held monthly on the second Tuesday. No workshops in June, July, August.

Location: Norton Community Center, 201 Park Ave. NE

Get Registered: Contact Rebecca Kilgore, (276) 679-0754 or rmkilgore@nortonva.org

OIL PAINTING CLASS

10 a.m. Monday, December 16

Details: Oil painting classes held from 10 a.m.-2 p.m. the third Monday of each month. Cost: \$65 (covers all needed supplies). Different paintings each month.

Location: Norton Community Center, 201 Park Ave. NE.

Get Registered: Connie Anderson, (276) 698-4529 / conniesloveofpainting@gmail.com



NORTON CHRISTMAS PARADE

Fork Freewill
St Church
Virginia

